

## Financial Support

### Northern Income Maintenance Consortium

Assists with applications for Badger Care, Medicaid, Food Share, Energy Assistance, W2 Programs and other financial assistance programs.

1-888-794-5722

### Lincoln County UW-Extension

Provides financial education.

715-539-1072 <http://lincoln.uwex.edu>

## Child Abuse and Neglect Prevention

### Social Services

Addresses concerns about abuse and neglect.

715-539-1358

### Children's Hospital of WI Community Services

Provides strategies and support to prevent child abuse.

715-539-9228 [www.chw.org](http://www.chw.org)

### HAVEN

Serves victims of domestic violence, sexual assault, elder abuse and child abuse.

715-536-1300 [www.haveninc.org](http://www.haveninc.org)

## Special Needs

### Birth to Three

Provides support and services to infants/toddlers (0-3 yrs.) with developmental disabilities and their families.

715-848-4580 [www.norcen.org](http://www.norcen.org)

### Early Childhood Education

Provides play-based intervention for children (3-5 yrs.) with disabilities. Merrill Area Public Schools.

715-536-4581

### Children & Youth with Special Health Care Needs

Provides access to information, health benefits counseling, care coordination, transportation and resources. 1-888-640-4106

### Children's Long Term Support

Supports access to MA funds to purchase goods and services for severely disabled children living at home.

715-370-3020 [www.norcen.org](http://www.norcen.org)

## Recreation

Provides information on Park and Recreation special events & programs.

### Merrill Area Parks and Recreation

<http://merrillparkandrec.com>

### SARA Park Tomahawk

[www.tomahawkwi.govoffice3.com](http://www.tomahawkwi.govoffice3.com)

## Resource Directory

### United Way 2-1-1

Provides local and regional resources.

1-800-922-5590 [www.unitedwaymc.org](http://www.unitedwaymc.org)

10/13; Revised 2/15; 11/15

## Parenting Education and Support

### Children's Hospital of WI

#### Community Services:

Provides information and programs to support parents and caregivers and enhance child development.

715-539-9228 <http://www.chw.org>

24-hour warmline support available at 800-577-7971.

## Safety

### Cribs:

#### Lincoln County Health Department

Provides low cost portable cribs for infants (under 30 lbs.) to eligible low-income families.

715-539-1369

### Child Passenger Seats (CPS):

#### Lincoln County Health Department

Provides low cost child passenger seats & checks for eligible low-income families. Grant supported; while supplies last. Also provides CPS checks.

715-539-1373

### Child Passenger Seats (CPS) Checks:

#### Brickner's of Merrill

1-877-836-6389

#### Merrill Police Department

715-536-8311

## Child Care Referral

### Childcaring, Inc.

Provides a free, objective list of regulated providers; families can call to discuss child care needs with a Referral Specialist or visit the website to print a list.

1-800-628-8534 or 715-301-1800

[www.childcaring.org](http://www.childcaring.org)

## Early Literacy

Provide families with free access to literacy-building materials, parenting resources and early literacy activity centers at each library.

**TB Scott Free Library** 715-536-7191

[www.tbscottlibrary.org](http://www.tbscottlibrary.org)

**Tomahawk Public Library** 715-453-2455

[www.wvls.lib.wi.us/tomahawkpl/](http://www.wvls.lib.wi.us/tomahawkpl/)

## Parenting Support Network of Lincoln County's Mission:

To promote the health and safety of families through leadership, referrals and education



Parenting Support Network of Lincoln County

# Family Resource Guide

*Resources for Young Families in Lincoln County*

## Food and Nutrition

### WIC

Provides nutrition education and valuable food to eligible pregnant, breastfeeding, and postpartum women and children under age 5. 1-800-246-5743.

### Food Share

Assists families with limited funds to buy the foods needed for good health.

<https://access.wisconsin.gov>

### Nutrition Education

#### Lincoln County UW-Extension

715-539-1072 <http://lincoln.uwex.edu>

## Prenatal/Infant Care and Education

### Lincoln County Health Department

Assists eligible women with planning a healthy pregnancy and birth with follow up to 60 days after delivery. Education and links to community resources for parents, infant & family members.

715-536-0307

### Children's Hospital of WI Community Services

Works with eligible pregnant & parenting families to provide education, support & connection to resources.

715-539-9228

## Child Development

### Children's Hospital of WI Community Services

Provides developmental information and free screenings for children (0-5 years).

715-539-9228

### Head Start

Promotes school readiness, ages 3-5 from low-income families by enhancing cognitive and social development.

#### Merrill Head Start

715-536-2392

#### Tomahawk Head Start

715-453-1008 [www.fclheadstart.com](http://www.fclheadstart.com)

Visit our website and subscribe to weekly emails with helpful information for you and your family  
[fyi.uwex.edu/lcparentsupport/](http://fyi.uwex.edu/lcparentsupport/)

## Additional Resources

Disclaimer: These are not endorsements nor is this an all-inclusive list. For more information, contact United Way's 2-1-1, (800)922-5590 or visit [www.unitedwaymc.org](http://www.unitedwaymc.org)

### Abuse/Neglect

Children's Hospital of WI Community Services (Child Abuse Prevention)	715-539-9228
HAVEN (Domestic Violence and Sexual Assault) 24 hours a day	715-536-1300
Lincoln County Social Services (Child Abuse)	715-539-1358
North Central Health Care—Merrill (Adult Abuse)	715-536-9482

### Alcohol Tobacco and Information Lines

Al-Anon/ALATEEN	1-757-563-1600
Alcoholics Anonymous	1-715-367-7920
Narcotics Anonymous	1-866-590-2651
Wisconsin Tobacco Quitline	1-800-784-8669

### Child Care

Childcaring, Inc.	1-800-628-8534
Northern Income Maintenance Consortium	1-888-794-5722

### Public Preschool Options

Merrill Area Public School Early Childhood Special Needs	715-536-2392
Pine River School for Young Learners (Head Start/4K)	715-536-2392
Tomahawk Head Start	715-453-1008
Tomahawk 4K	715-453-2126

### Dental Services

Bridge Dental Clinic of Merrill, WI	715-539-8181
Marshfield Clinic Dental Center - Medford	715-785-8100
Marshfield Clinic Dental Center - Rhinelander	715-420-1400
Peter Christiansen Dental Clinic	715-588-4269

### Employment Information

Forward Service Corp. W-2 Program of Lincoln Co.	715-536-8499
Wisconsin Job Center	1-888-258-9966

### Environmental Health

Lincoln County Health Department	715-536-0307
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### Financial

Lincoln County UW-Extension Family Living	715-539-1072
Northern Income Maintenance Consortium	1-888-794-5722
St. Vincent de Paul Outreach Center	715-539-2666

### Food and Nutrition

Food Pantry Trinity Lutheran Church - Merrill	715-536-5482
Food Share (Northern Income Maintenance Consortium)	1-888-794-5722
Lincoln County UW-Extension Family Living	715-539-1072
Merrill Community Food Pantry	715-536-4505
Tomahawk Food Pantry	715-453-4378
Women, Infants, and Children (WIC)	1-800-246-5743

### Foster Care

Lincoln County Social Services Department	715-539-1358
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### Health and Medical Services

Aspirus Clinic - Merrill	715-539-5600
Bridge Community Health Clinic	715-484-4884
Lincoln County Health Department	715-536-0307
Marshfield Clinic - Merrill Center	715-539-0101
Ministry Good Samaritan Health Center	715-536-5511
Ministry Sacred Heart Hospital	715-453-7200
Ministry Medical Group/Ascension—Merrill	715-804-7500
Ministry Medical Group/Ascension - Tomahawk	715-453-7200
St. Vincent de Paul Free Clinic	715-539-9566

### Home Visitation Programs (Pregnancy to 5 Years of Age)

Children's Hospital of WI Community Services	715-539-9228
Lincoln County Health Department	715-536-0307

### Housing

Tenant Resource Center	1-877-238-7368
Merrill Area Housing Authority	715-536-7386
Lincoln County Housing Authority	715-453-4233
North Central Community Action Program	715-536-9581

### Housing/Shelter

Frederick Place	715-369-9777
Salvation Army	715-453-5939
Our Sisters House	715-224-3520

### Legal Services

Judicare	715-842-1681
Lawyer Referral and Information	1-800-362-9082

### Libraries

TB Scott Free Library	715-536-7191
Tomahawk Public Library	715-453-2455

### Mental Health Services

Anderson and Associates Counseling and Psychological Services	715-539-8080
Center for Human Development	715-842-0944/1-800-236-3792
Ministry Behavioral Health	715-361-2805
North Central Health Care - Merrill Center	715-536-9482
North Central Health Care - Tomahawk	715-453-5381
Peaceful Solutions Counseling	715-675-3458
Psychological Resource Center	715-224-2100
Soul-full Solutions	715-805-6111
The Centre for Well-Being Inc.	715-848-5022
Visions Counseling Inc.	715-551-1970

### Available 24/7:

Emergency Crisis and Suicide Prevention Line	715-845-4326/1-800-799-0122
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### Parenting Education and Support

Children's Hospital of WI Community Services	715-539-9228
Lincoln County UW- Extension (Family Living)	715-539-1072

### Recreation

Council Grounds State Park	715-536-8773
Lincoln County UW-Extension (4-H Youth Development)	715-539-1072
Merrill Area Chamber of Commerce	715-536-9474
Merrill Parks and Recreation Department	715-536-7313
SARA Park	715-453-4040
Tomahawk Chamber of Commerce	715-453-5334

### Safety

Aspirus Children's Safety Center	715-847-2206
Consumer Protection Safety Commission (Safety Recalls)	<a href="http://www.cpsc.gov">www.cpsc.gov</a>
Lincoln County Health Department	715-536-0307
Lincoln County Sheriff's Department	715-536-6272
Merrill Fire Department	715-536-2233
Merrill Police Department	715-536-8311
Tomahawk Fire Department	715-453-3242
Tomahawk Police Department (Press 1, ext. 1)	715-453-2121

### Special Needs Children

Autism Society of Central Wisconsin	715-370-0987
Birth to Three, North Central Health Care	715-848-4580
Children and Youth Special Health Care Needs	1-866-640-4106
Children's Long Term Support	
North Central Health Care	715-627-6694
Family Support Services	
North Central Health Care	715-627-6694
Lincoln County Respite Care	715-848-4373
Merrill Area Public Schools	715-536-4581
Tomahawk Area Public Schools	715-453-5555
Wisconsin First Step	1-800-642-STEP (7837)

### Transportation

Blue Jay Taxi	715-539-8294
MTM, Inc.	1-866-907-1493
Merrill-Go-Round	715-536-7112

### Water Testing

Lincoln County Health Department	715-536-0307
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### Hotline:

Wisconsin Maternal and Child Health Hotline	1-800-722-2295
Wisconsin Poison Control	1-800-222-1222

### Other Important Numbers:

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