

For more information or to schedule a visit, please contact:

Lincoln County Health Department

607 N. Sales St., Suite 101, Merrill
(715)536-0307

Office Hours:
Monday – Friday
8:00 a.m. to 4:30 p.m.

www.co.lincoln.wi.us

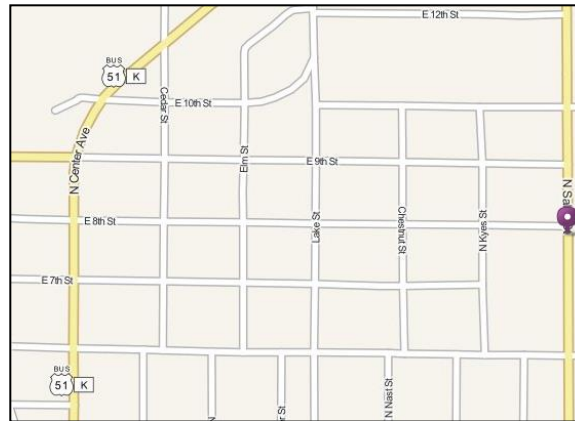
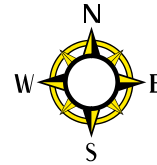
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Lincoln County Health Department's mission is to provide services to residents promoting optimal health and safety through prevention, protection, and intervention.

1/2013

Map to the Health Department



An EEO/AA employer, Lincoln County Health Department provides equal opportunities in employment and programming, including Title IX and ADA requirements. Please make requests for reasonable accommodation to ensure equal access to educational programs as early as possible preceding the scheduled program, service or activity.

Are you pregnant?

Could you use some help?

Lincoln County Health Department has a program that can help you. It's called

Prenatal Care Coordination (PNCC).



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What is PNCC?

The Prenatal Care Coordination Program provides information, support and resources for you during your pregnancy based on your needs!

What can PNCC do for me?

Services are available through your pregnancy and continue for up to 60 days after your baby is born.

- Helps you plan for a healthy pregnancy & birth.
- Helps link you to community resources for you, your baby & family members.

Is PNCC right for me?

Do you have questions about...

- How to take care of yourself during your pregnancy
- Managing Stress
- How to quit smoking
- Your baby's development
- Labor & delivery
- Where to find childbirth classes
- Healthy eating habits
- Breastfeeding
- Car seats
- Basic baby care

...then PNCC may be right for you!

How does the program work?

A public health nurse will meet with you regularly & help develop a plan that is right for you. Visits can be done at home, school, clinics, or anywhere.

Your public health nurse and your healthcare provider may consult with each other to provide you with the best possible care.



Are the services confidential?

Yes, services are **strictly confidential**.

Get started now! Call 715-536-0307 and ask for one of our PNCC nurses.

"It was nice to have someone to talk to and answer my questions between doctor visits. The most helpful thing was the amount of information I received. I learned so much."

~PNCC client

What are some other resources?

Text4baby:

Text BABY to 511411 to get **FREE** messages on your cell phone to help you through your pregnancy and your baby's first year. www.text4baby.org

WIC Program:

1-800-246-5743
715-675-5449
7159 N 3rd Avenue
Wausau, WI 54401

Maternal and Child Health (MCH) Hotline

1-800-722-2295
Twenty-four hours/day, 7 days/week
Provides information and linkages to services and resources for women before, during, and after pregnancy and for their children.