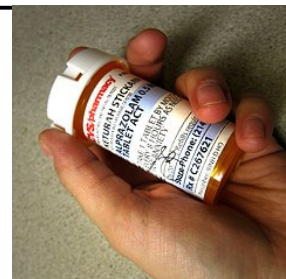


Most Lincoln County youth have NOT misused prescription drugs.

What can you do to help this continue?

You can take steps to limit access to these drugs and help keep your family and friends drug free.

- ◇ Note how many pills are in a bottle or pill packet and keep track of refills.
- ◇ If you find you have to refill a medication more often than expected, someone may be taking your medication without your knowledge.
- ◇ Be a good role model with your own medication.
- ◇ Do not share your drugs and always follow your medical provider's instructions.
- ◇ Properly conceal and dispose old or unused medications (see options below for Lincoln County).
- ◇ Ask your friends and family to safeguard their prescription drugs as well.
- ◇ Talk to your children about the risks of misusing prescription drugs and over-the-counter medications. Students have told us that their parents are one of the most believable sources of information about the risks of using drugs.



Ways to properly dispose of old or unused medications in Lincoln County include:

➔ Utilize **collection events** when they are held in your **community**.

➔ Utilize the **Medication Drop Boxes Offered** (no syringes or liquids):

Where: The Lobby of the Merrill Police Department located at 1004 E First Street

Hours: Monday through Friday; 8:00 am to 4:30 pm
No Holiday Drop Off.

Where: The Lobby of the Tomahawk Police Department located at 219 West Somo Avenue

Hours: Monday through Wednesday; 7:00 am to 2:30 pm
Thursdays and Fridays; 7:00 am to 3:00 pm
Saturday; 11:00 am to 3:00 pm
Sunday; 11:00 am to 2:30 pm



The Merrill Police Department Drop Box was funded through the Wisconsin Department of Agriculture, Trade and Consumer Protection (DATCP) 2011 Prescription Drug Grant.

➔ Utilize the alternative disposal method available.

Bottles are available throughout Lincoln County:

- ◆ Pharmacies
- ◆ Police Departments
- ◆ UW-Extension Office - 801 N. Sales Street, Suite 101, Merrill



For more resources, visit the Lincoln County Drug Free Coalition website at <http://lincoln.uwex.edu/dfc/>