



Adult Mental Health First Aid

**Want to Learn How to Help Someone in Crisis?
Take Advantage of this FREE Training Opportunity!**

**Adult Mental Health First Aid
Friday, May 19, 2017
8:00 am—4:00 pm**

**Lunch
Provided**

Location: Lincoln County Service Center, Room 156
801 N. Sales Street
Merrill, WI 54452



Instructors:

- Katie Annis, RN
- Meighan March, RN

Marshfield Clinic Behavioral Health Department

Adult Mental Health First Aid:

- Similar to “First Aid” and “CPR”, “Mental Health First Aid” teaches individuals how to help those experiencing mental health challenges or crises.
- Gain knowledge of risk factors and warning signs for mental health and addiction concerns.
- Learn strategies to help individuals in both crisis and non-crisis situations.

Sponsored by Ascension Good Samaritan Health Center and Marshfield Clinic Merrill

Space is limited to 30 participants. Must be at least 18 years old to participate. Contact Kristin Bath to register: 715-539-1373 or kbath@co.lincoln.wi.us



**Lincoln County
Mental Health Coalition**